



## Nuclear Medicine Preparation

### HIDA SCAN

- Patient must have eaten within the 24 hours prior to the test, but nothing to eat or drink after midnight
- If you are diabetic, you may have a small cup of juice 3 hours prior to the test
- You will be in the office for 2-4 hours, so please prepare your time accordingly

### BONE SCAN (Whole Body or Limited)

- You will be given an injection, and then must wait 2-3 hours before scan is done. Whole body scan takes 1-1 ½ hours.

### THYROID SCAN

- No thyroid medication for 2 weeks prior to test
- Nothing to eat after midnight
- No history of thyroid removal
- No fish or vitamins for 2 weeks prior to test
- No CT scans or Iodine contrast given within 6 weeks
- You will be in the office in the morning to take a pill, come back in 4 hours, and return for the final portion on the following morning, so please plan accordingly

### RENAL SCAN

- Encourage intake of fluids

### MUGA SCAN

- No special preparation necessary

### V/Q SCAN

- No special preparation necessary

Please arrive at least 15 minutes early for your test

If you are unable to make your appointment, please call at least 24 hours in advance at (815) 726-2200